

How do you measure which retirement income strategy is best?

Michael Kitces | Pinnacle Advisory Group | 07 July 2016 | [0.50 CE](#)

Given the myriad of products and services available to today's prospective retirees, there are a lot of choices to consider about which retirement income strategy to pursue, from portfolio-based withdrawal strategies to annuities with income guarantees and more.

Yet as it turns out, what seems like a relatively simple question – which retirement income strategy is the best – is actually remarkably difficult to determine. As it turns out, which is "best" depends heavily on how you measure what "best" really means.

For instance, when evaluating by what produces the most wealth, the best retirement strategy is generally to just not spend very much (and, ideally, invest for growth along the way, too). If the goal is to maximise retirement spending, then the "best" strategy is to invest as aggressively as possible in order to maximise the portfolio growth that will substantiate that spending. Yet, portfolios with maximal growth can also produce the greatest catastrophes, which means a risk-averse retiree may not want that approach, even if it would otherwise have increased retirement spending.

What all of this ultimately means is that in framing different retirement income strategies – and the trade-offs they might entail – it's important to give serious consideration to the measuring stick that will be used to evaluate the potential retirement outcomes. Because the "best" retirement income strategy may be very different depending on whether you measure based on wealth, spending, probabilities of success, magnitudes of failure, or utility functions that weigh both the upside and downside risks.

DETERMINING *HOW* TO MEASURE THE "BEST" RETIREMENT STRATEGY

Imagine for a moment that a 65-year-old couple is trying to decide how much to spend for a 30-year retirement from their \$1,000,000 portfolio, and how that portfolio should be invested. The seemingly simple trade-off choices might include:

- A. Spend an inflation-adjusting \$30,000 per year from the portfolio, by putting 90% of it into an immediate annuity and keeping the other 10% in cash reserves;
- B. Spend an inflation-adjusting \$45,000 per year from the portfolio, and invest it 50/50 in stocks and bonds; or,

- C. Spend an inflation-adjusting \$60,000 per year from the portfolio, and invest it 100% in stocks.

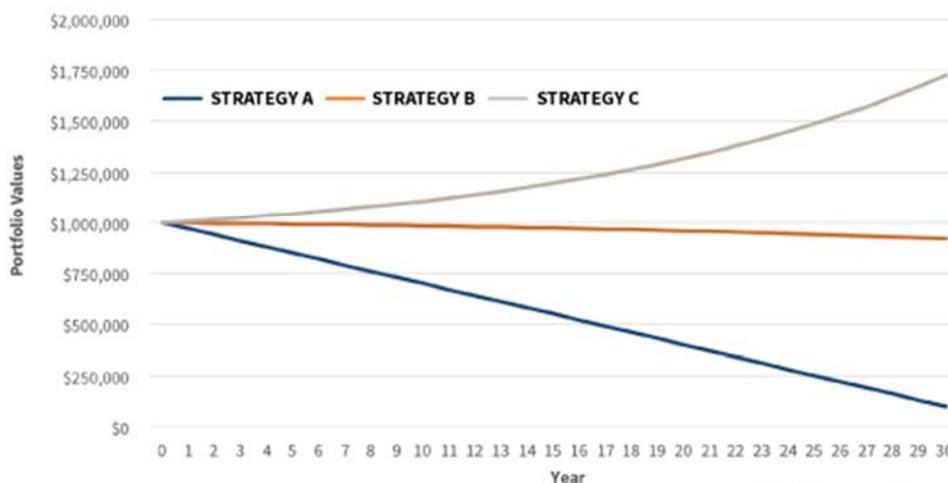
While many practitioners might intuitively lean towards one strategy or another as likely to be the "best", it turns out that accurately assessing which is really the best depends heavily on how the outcome is measured in the first place.

1. Measuring retirement outcomes by projected wealth

The first way these three strategies might be assessed – and the most common methodology for the first several decades – is to project how wealth would accumulate and compound over the 30-year retirement time horizon.

For instance, Figure 1 below graphs the remaining wealth in the portfolio across each of the three strategies, assuming inflation averages 3% per annum, and that long-term 30-year investment returns are 3% per annum for cash, 5% per annum for (intermediate) bonds, and 10% per annum for stocks. (The immediate annuity is assumed to have a principal refund feature if death occurs before the payments have been recovered, which winds down over time as the payments are made.)

Figure 1: Projected wealth of three potential retirement spending strategies



Source: Michael Kitces, www.kitces.com. A = Spend an inflation-adjusting \$30,000 per year from the portfolio, by putting 90% of it into an immediate annuity and keeping the other 10% in cash reserves. B = Spend an inflation-adjusting \$45,000 per year from the portfolio, and invest it 50/50 in stocks and bonds. C = spend an inflation-adjusting \$60,000 per year from the portfolio, and invest it 100% in stocks. Assumes 3% pa inflation and 30-yr returns of 3% pa for cash, 5% pa for bonds, 10% pa for stocks.

As Figure 1 illustrates, on the basis of this analytical approach – which strategy accumulates the most wealth in the long run – strategy C is best. Ironically, this is true even though in general, long-term wealth would actually be maximised by spending the *least* (and allowing the most to compound for future growth), which would have been strategy A. Yet in this case, the long-term compounding return of stocks is so dominant, that strategy C creates the most long-term wealth, even though its growth is slowed by what are also the largest ongoing withdrawals.

2. Measuring retirement outcomes based on cumulative spending

Notwithstanding the fact that strategy C turned out to create the most wealth – despite taking the largest withdrawals – in practice, retirees who ultimately want to enjoy retirement should probably not measure outcomes based on final wealth alone. Otherwise, for any two strategies that have similar returns, the "better" one will always be the one with the least spending, which at the logical extreme would mean the "most successful" retirement strategy is the one where the clients never spend any of their retirement funds.

An alternative approach would be to look at the cumulative amount of dollars actually spent, which more accurately represents the retiree's opportunity to actually *enjoy* the retirement portfolio. In this context, the "best" strategy will not be the one that leaves the most money in the portfolio at the end, but the one that allows the most money to be consumed while the retiree is alive.

In this case, evaluating outcomes based on cumulative spending once again supports strategy C as the "best". As shown in Figure 2, strategy C produces by far the largest amount of cumulative retirement income spending, in addition to the fact that it also produces the greatest wealth accumulation over time (as shown earlier), thanks again to the long-term compounding return of equities.

Figure 2: Projected cumulative spending of three potential retirement spending strategies



Source: Michael Kitces, www.kitces.com. A = Spend an inflation-adjusting \$30,000 per year from the portfolio, by putting 90% of it into an immediate annuity and keeping the other 10% in cash reserves. B = Spend an inflation-adjusting \$45,000 per year from the portfolio, and invest it 50/50 in stocks and bonds. C = spend an inflation-adjusting \$60,000 per year from the portfolio, and invest it 100% in stocks. Assumes 3% pa inflation and 30-yr returns of 3% pa for cash, 5% pa for bonds, 10% pa for stocks.

Of course, the caveat to this methodology is that it doesn't just show projected wealth and cumulative spending, per se. It shows the projected levels of wealth and spending if average returns are earned. Moreover, it's based on having returns average out to their long-term target with no volatility along the way.

A zero-volatility, growth-in-a-straight line projection is not reflective of the real world. When the dynamics of real-world ARE considered - i.e., the "best" strategy is evaluated not based on linear projections but a different measuring stick - suddenly the optimal approach changes.

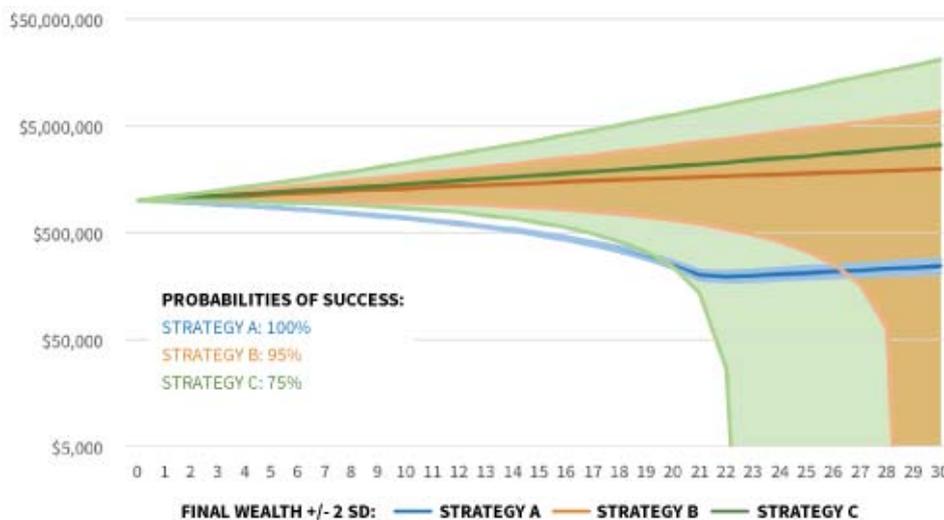
3. Measuring retirement outcomes based on probability of success

Over the past 15 years, as computing power has continued to grow exponentially, it's no longer necessary to project the financial outcome of a strategy by just measuring the economic impact based on average returns. Instead, we can now measure economic outcomes by Monte Carlo analysis - that is, modeling thousands of possible scenarios, each with randomised returns (based on the probability that they will occur), and instead quantify

how often the results are "successful" (i.e., have money left at the end) or are not (i.e., run out of money before the end of the time horizon).

When using this different methodology to quantify retirement outcomes, the relative benefits of each strategy begin to look very different as well. For instance, Figure 3 shows the Monte Carlo outcomes of our three retirement strategies, including the range of possible outcomes based on a 95% confidence interval (long-term returns that are plus-or-minus two standard deviations).

Figure 3: Projected Monte Carlo results of three potential retirement spending strategies



Source: Michael Kitces, www.kitces.com. A = Spend an inflation-adjusting \$30,000 per year from the portfolio, by putting 90% of it into an immediate annuity and keeping the other 10% in cash reserves. B = Spend an inflation-adjusting \$45,000 per year from the portfolio, and invest it 50/50 in stocks and bonds. C = spend an inflation-adjusting \$60,000 per year from the portfolio, and invest it 100% in stocks. Assumes 3% pa inflation and 30-yr returns of 3% pa for cash, 5% pa for bonds, 10% pa for stocks.

When measured earlier based on (median) final wealth and cumulative spending dollars, the "best" scenario was the all-stock strategy C and the worst was the immediate-annuity-based strategy A (with the latter coming in last in terms of both spending and wealth accumulation).

Yet, when we observe the range of results, Strategy C has the best average but also includes the worst failures (including financial ruin as early as the 22nd year of retirement), while Strategy A has an extremely narrow range of outcomes that are "mostly" well below the average of Strategy A... but none of them are failures.

In other words, based upon probabilities of success instead, annuity-based strategy A is now the "best" as it has a 100% probability of success, with no projected failures (presuming the annuity company is secure in the first place). Strategy C is the worst (the lowest probability of success and highest frequency of depletions/failures).

The entire sequence of which retirement strategies are "best" changed completely when using a different measuring stick, as the "best" for accumulating wealth and spending on average is the all-stock portfolio but the "best" for avoiding any risk of depletion is to spend less and annuitise assets to secure that spending goal!

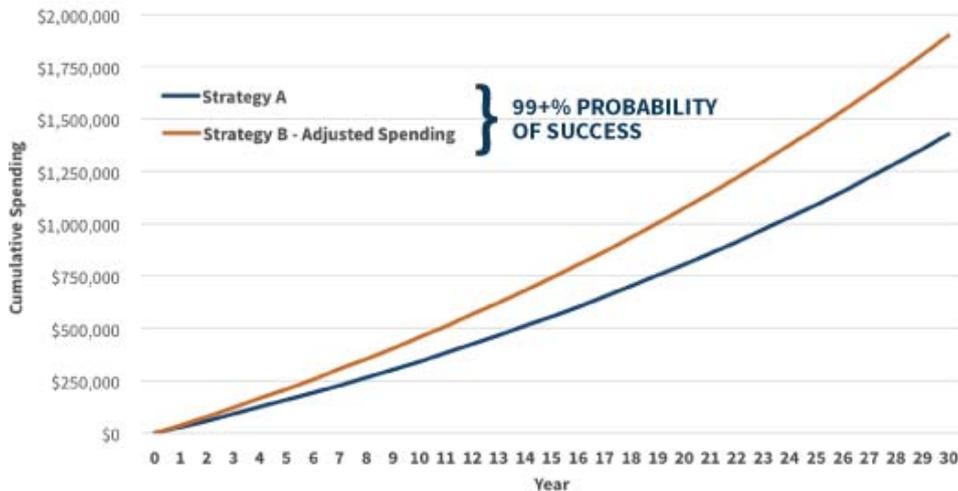
4. Measuring retirement outcomes based on magnitudes of failure and adjustment

The Figures in the prior section – based on probabilities of success – showed that strategy A was "best" and superior to both strategy B and strategy C. However, a more nuanced look reveals that just choosing the plan with the highest probability of success (and lowest probability of failure) may not be the ideal approach, either.

After all, the probabilistic "superiority" of strategy A (the \$30,000 per year annuity approach) over strategy B (spending \$45,000 per year from a diversified portfolio) was not by a large margin. For instance, if strategy B "only" spent \$40,000 per year adjusting for inflation instead of \$45,000 per year, the approach would have been successful with a 99+% probability of success. And, to be fair, that is about the same as strategy A, which was shown as a 100% probability of success when looking the risk of market volatility, but is really only 99% (or perhaps 99.9%) when considering the small-but-not-zero default risk of the insurance company as well.

Of course, if strategy B was adjusted to spend "only" \$40,000 per year and have a 99% probability of success similar to strategy A, the only difference between the two would be the spending level – which is 33% higher, for life, with strategy B over strategy A, as in Figure 4.

Figure 4: Cumulative spending of adjusted systematic withdrawal vs annuity strategies



Source: Michael Kitces, www.kitces.com. A = Spend an inflation-adjusting \$30,000 per year from the portfolio, by putting 90% of it into an immediate annuity and keeping the other 10% in cash reserves. B = Spend an inflation-adjusting \$45,000 per year from the portfolio, and invest it 50/50 in stocks and bonds. C = spend an inflation-adjusting \$60,000 per year from the portfolio, and invest it 100% in stocks. Assumes 3% pa inflation and 30-yr returns of 3% pa for cash, 5% pa for bonds, 10% pa for stocks.

Viewed another way, the key distinction here is that while the original strategy B had a 95% probability of success and a 5% probability of failure, the magnitude of that failure wasn't actually very severe, and it wouldn't take much of an adjustment to stay on track (cutting from \$45,000 per year to \$40,000 per year of spending is sufficient). And, even with poor returns, there is only a 5% chance the portfolio runs out of money at all – and those scenarios don't run out until almost 28 years into retirement. Which means, realistically, spending would likely only need to be adjusted later – if at all – to stay on track for those final years if returns had been especially poor along the way.

Furthermore, for a 65-year-old couple, there's a roughly 70% chance that both of them will have passed away by then anyway. Which means there's a barely 30% probability that this 5%-failure risk is even relevant (i.e., the joint probability of both running out of money in their 90s and still being alive in their 90s is less than 2%). And, again, if there's still a fear that the bad returns are occurring or may occur soon, a mere 10% cut in spending is more than sufficient to ensure the plan stays on track, because the failure isn't actually a very dramatic shortfall in the first place. Notably, even if the spending cut does have to occur, strategy B still produces more retirement spending cash flow than strategy A.

On the other hand, strategy C still turns out to be vastly inferior under the "magnitude of failure" approach, as the "bad" outcome can be very bad (flat broke by the 23rd year), and

the size of the adjustment necessary to get/stay on track would be far more than "just" a 10% spending reduction.

In other words, when weighing the magnitudes of failure – and the small or large adjustments to stay on track – against the higher spending levels, strategy A turns out to be inferior to strategy B, but strategy C is worst of all.

5. Measuring retirement outcomes based on utility functions and risk aversion

Notably, the conclusions of the prior section – which determined that strategy B was superior to strategy A because it provided for greater spending, and the likelihood of even needing a spending adjustment was "small", and the magnitude of the adjustment required to get back on track was also "minor" – still presumes that the retirees are comfortable with those small and minor risks. In reality, not all retirees will be comfortable facing such trade-offs, even if the requisite spending adjustments in strategy B are likely "minor" and of remote likelihood. Or viewed another way, just because they have the financial capacity to take the risk, doesn't mean they have the tolerance or desire to do so.

Conversely, the magnitude of potential adjustments for strategy C – which could fall seven years short on a 30– year retirement goal and possibly need 20% to 30% spending cuts to get back on track – were already deemed untenable, despite the materially higher initial spending amount. Yet again, in reality at least some retirees might be willing to risk such trade-offs, and are willing to face the possibility of a "big" spending cut in order to enjoy a "big" spending increase up front.

In theory, these scenarios could be weighed against each other by trying to quantify how much "happiness" the retiree derives from greater spending, and weigh it against the "unhappiness" of having a spending cut, along with how risk-averse the retiree is to the possibility such a cut would have to occur.

And in point of fact, this is exactly what a retirement planning "utility function" is meant to measure. A concept derived from economics, the purpose of a utility function is specifically to assign a measuring unit – utils – to potential outcomes. More positive outcomes (e.g., higher spending levels) have higher utils. Adverse outcomes (e.g., spending cuts necessitated by the depletion or near-depletion of assets) have negative utils. On this basis, we can then compare and contrast widely-differing strategies that have a complex range of outcomes by adding up the positive and negative utils over time to determine which creates the most satisfying net or cumulative outcome.

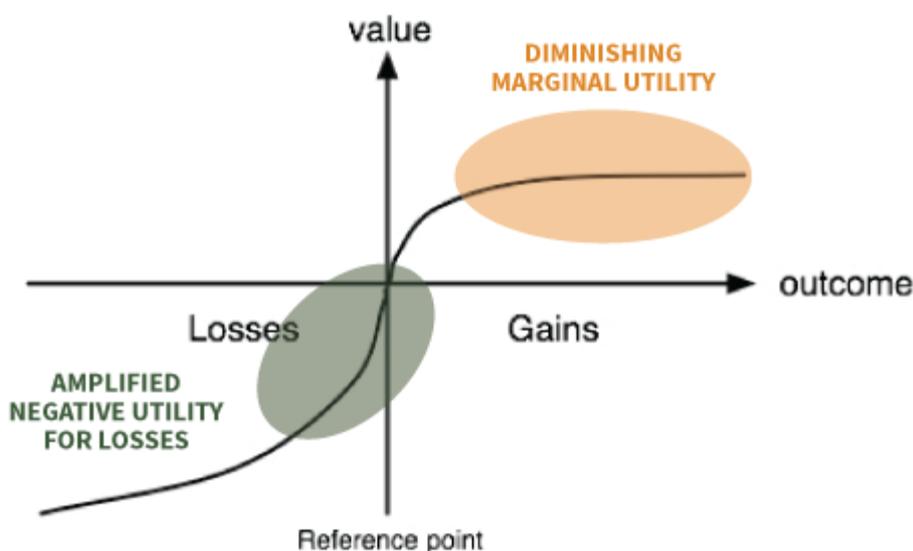
Another key advantage of using a utility function is that it becomes possible to give different weights to positive versus negative outcomes – specifically, to assign greater negative weight to negative outcomes than positive weight to positive outcomes. In theory, this shouldn't matter, because a "rational" human being should be equanimous in the face of gains or losses. In point of fact, though, the recognition that as human beings we have greater

aversion to losses (more “negative utils”) than the enjoyment we gain from favorable results (relatively fewer “positive utils”) is the Prospect Theory first discovered by Daniel Kahneman and Amos Tversky, for which Kahneman won the Nobel Prize.

If investors were indifferent to relative gains and losses, the utility function (Figure 5) should be a straight diagonal line that goes from the bottom left to the top right. Instead, it is not. To the upper right, the line begins to flatten, revealing that we have diminishing marginal utility for additional wealth. In practical terms, increasing your wealth by \$1,000,000 if your prior net worth was \$0 is a big deal (from poverty to being a millionaire!) but increasing your net worth by \$1M if you already had \$99M is not such a big deal (it's not as exciting for net worth to rise from \$99M to \$100M). Notably, both are a \$1M increase in wealth, but we weigh the latter one less favorably because its value is diminished by the prior millions already accumulated.

Figure 5: Kahneman and Tversky's prospect theory utility function

Source: Wikimedia.org



On the other hand, when we lose money, we show a more "consistent" level of distress with both initial and extended losses (though the initial losses still appear to sting a little bit more).

Given that behaviorally, we do not weigh gains in the same manner as offsetting losses (and vice versa), this makes it even more important to give each its appropriate weighting in the first place.

RISK AVERSION AND OPTIMAL RETIREMENT STRATEGIES

In the context of our three strategies, this means that the relative order of which is "best" or "worst" will depend heavily on how the retiree weighs the positive utils of having more spending and wealth, versus the negative utils of being forced to cut spending in order to avoid running out of wealth altogether.

For the highly risk-averse retiree, who assigns an outsized negative weight (e.g., 5:1 or even 10:1) to spending cuts over spending gains, the "best" strategy is the all-annuity strategy A, which (if you believe in the security of the annuity company, at least) has the smallest danger of any spending cuts, nor does it face any market volatility (and thus no negative utils from bear markets along the way). For this retiree, anything that decreases wealth – temporarily due to market volatility or permanently and necessitating spending cuts – will be inferior, and end out with a negative utility result (because of the huge weighting of any negative utils).

On the other hand, for the risk-tolerant retiree who is far more sanguine about potential losses (or simply feels more flexible to accommodate them with spending adjustments) and places a greater weighting on upside potential and enjoying more money today, strategy C could actually still be the optimal result. While as noted earlier, this strategy has a whopping 25% probability of failure (or at least, a 25% probability of necessitating a spending adjustment), and could require a 25%+ spending cut to get back on track, this is an appealing trade off for the retiree with flexible spending who doesn't mind the downside risk if it means a better-than-50% chance of just getting to spend more. For this retiree, strategy A once again goes from being best to worst, and strategy C is superior.

And for the retiree in the middle – who perhaps is rather negative about spending cuts but is willing/able to tolerate them as long as they're likely to be infrequent – strategy B turns out to be the best strategy after all, because it has the most appealing balance. For this retiree's utility function, strategy A doesn't bring enough upside happiness, strategy C exposes the retiree to too much downside unhappiness, and the ideal Goldilocks outcome (not too much risk, nor too little upside) is strategy B.

The ultimate point – in order to determine which strategy is "best", given both the potential for upside wealth, and downside spending cuts, and the trade-offs entailed in pursuing greater upside at the risk of more downside, it's necessary to score both the upside and the downside to objectively find the best balance between the two. And how those upside and downside outcomes are weighted will in turn depend on the retiree, and his/her preferences for managing downside risk and enjoying upside return in the first place (i.e., his/her personal utility function).

DETERMINING THE "BEST" RETIREMENT STRATEGY DEPENDS ON HOW IT'S MEASURED

As the examples in the preceding sections have shown, determining which retirement strategy option is the "best" strategy can be heavily reliant on the measuring stick used to quantify the outcomes in the first place. In our choice between three strategies – annuitising most of a portfolio for guaranteed income, taking 'moderate' distributions from a moderate growth portfolio, or taking large distributions from an aggressive portfolio – each strategy's outcomes were variously best, second, or worst, depending on how the outcome was measured, as shown in Figure 6.

Figure 6: Summary of which retirement strategies are best or worst depending on how outcomes are measured

OUTCOME MEASURED	STRATEGY A	STRATEGY B	STRATEGY C
Final Wealth	WORST	SECOND	BEST
Cumulative Spending	WORST	SECOND	BEST
Probability of Success	BEST	SECOND	WORST
Magnitude of Failure/ Adjustment	SECOND	BEST	WORST
Utility - Highly Risk Aversion	BEST	SECOND	WORST
Utility - Moderately Risk Aversion	SECOND	BEST	WORST
Utility - Low Risk Aversion (Risk Tolerant)	WORST	SECOND	BEST

Source: Michael Kitces, www.kitces.com. A = Spend an inflation-adjusting \$30,000 per year from the portfolio, by putting 90% of it into an immediate annuity and keeping the other 10% in cash reserves. B = Spend an inflation-adjusting \$45,000 per year from the portfolio, and invest it 50/50 in stocks and bonds. C = spend an inflation-adjusting \$60,000 per year from the portfolio, and invest it 100% in stocks. Assumes 3% pa inflation and 30-yr returns of 3% pa for cash, 5% pa for bonds, 10% pa for stocks.

This means that careful thought about how a strategy will be evaluated is actually an essential aspect of the process in crafting investment recommendations. The issue is akin to what any scientist analysing any problem has to consider – the research methodology used to analyse an issue can impact the conclusion about it, so it's crucial to vet not just the results but the methodology itself. Otherwise, a flawed design to a research study can yield a flawed conclusion about its results.

For instance, imagine a medical study analysing a weight-loss drug in the hopes that reducing obesity will cut down on deaths from complicating factors such as diabetes and high blood pressure. The research focuses on whether the drug leads to weight reduction, and finds that it does, concluding it's a good drug. However, in reality, side effects of the drug itself include a significant increase in the risk of cancer and stroke. As a result, the drug does cure obesity but actually increases the ultimate risks of death that losing weight was meant to help minimise. In this context, if you measure "impact on weight loss" the drug is a success, but when measured by "impact on overall health" it's a failure.

Of course, when it comes to investing, the situation is complicated by the fact most clients have multiple and complex goals and preferences. Accordingly, it's almost impossible to establish strategies that are "objectively" dominant and superior in all situations. At best, some products or solutions might be better than others for a particular goal, or subject to particular constraints and client risk tolerance or other preferences. For instance, an emergency savings fund invested in a money market that yields 1% per annum is clearly better than one that only yields 0.1%, and for the core indexing portion of a retirement account, an S&P 500 index with an expense ratio of 0.1% per annum is better than one with an expense ratio of 1% per annum. Nevertheless, whether the high-yield money market or the low-cost index fund are "best" in the first place depends on the goals to be pursued (accumulating for retirement versus saving for an emergency fund) and tolerance for risk. With the caveat that because of our behavioral biases, even with stable risk tolerance our perceptions of these risks may be distorted in a way that inappropriate impacts our decisions (which is a discussion for another day!).

Nonetheless, the fundamental point remains that evaluating which retirement strategy is best requires a combination of both a quality process to objectively analyse the scenarios AND a careful consideration of what tools will be used to do the measuring and evaluate the outcomes in the first place, to properly fit them into a client's preferences and tolerance for risk.

So what do you think? How do you evaluate the outcomes of potential retirement income strategies with clients? Is it based on projected wealth, cumulative spending, Monte Carlo analysis, probabilities of success, magnitudes of failure, utility functions, or something else? How do you explain these concepts to your own clients? Please share your thoughts in the comments below!



Michael Kitces is a Partner and the Director of Research of Pinnacle Advisory Group, a US-based private wealth management firm that works with over 700 families and manages close to US\$1 billion in assets for clients in the US and around the world. The above article is reproduced with permission from Michael's blog "[The Nerd's Eye View](#)". Michael is a member of [PortfolioConstruction Forum's core Faculty](#) of leading investment professionals.
